RESPECT
UNITY
INTEGRITY
EXCELLENCE
COMPASSION
SERVICE

In 1997, SIU Physicians & Surgeons was created as the group medical practice of SIU School of Medicine with 161 health care providers. Today, we celebrate our tenth anniversary of excellence in health care with 200 physicians and medical professionals who provide patient care, educate our physicians of tomorrow, and conduct ongoing edge medical research.

Sangamon County Medical Society's ANNUAL MEDICAL RESOURCE GUIDE Plus Dental Resources

FREQUENTLY CALLED NUMBERS

COMMUNITY HEALTH RESOURCES

MEDICAL SPECIALTIES

OCTOBER 20, 2007

MEDICAL PROVIDERS

SPONSORED BY:
AFTER TWO YEARS OF HEALING
TRIAL LAWYERS WANT TO REOPEN THE WOUNDS.

I negotiate having someone injured in an accident. You receive prompt, professional medical treatment that saves your life. Then, just as on the birth of recovery, that moment is taken away.

Prior to 1996, when medical liability reform became Illinois law, out-of-control liability premiums and payvvalls had seriously injured our most vulnerable systems. This forced many doctors to leave the state, leaving Illinois, or charge higher rates. The model failed. Many patients could not access the care they desperately needed.

Since the reforms were enacted, we've seen a dramatic decrease in liability awards. We've restored the flow of capital into the state, allowing doctors access to care for patients. We've reduced skyrocketing medical liability premiums that are ultimately passed on to employees, workers and their families in higher health insurance costs. For them, we've restored a medical liability system that works for the health of all.

Now, as lawyers want to ensure this fair, affordable, and sensible-recovery system and what's left to the public and insurers, higher medical liability premiums, eroding health care costs, and reduced access to care for patients.

Despite the law, the courts further deny the progress we've made on medical liability reform. Let's continue working to close the wounds, provide patients with the care they deserve, and keep physicians in Illinois.

FOR MORE INFO VISIT WWW.REALITYFORMEDICINE.COM.
Local Dental, Medical & Pharmaceutical Resources

Health Care Assistance

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<th>Agency</th>
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<tr>
<td>Sangamon County Medical Society</td>
<td>Eric Bleyer, M.D., Vice President</td>
<td>Mon-Fri 8:00-4:30</td>
<td>Physician Referral Service, and patient advocacy and health initiatives, please see the article “A Look Inside” on page 8.</td>
</tr>
<tr>
<td>Catholic Charities Medicine Services</td>
<td>Mary McDevitt, Project Assistant</td>
<td>Mon-Fri 8:00-4:30</td>
<td>The State Journal-Register is an easy-to-understand, healthcare guide will help patients understand how disease prevention and... in our own immediate community. That old saying applies yet today — “an ounce of prevention is worth a pound of cure.”</td>
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Medication Assistance

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Medication assistance and programs:

- Sangamon County Medical Society (SCMS) — offers the Access™ card:
  - Drug coverage are now saving on medicines they need through this program. Most cardholders save 25%–40% on over 300 brand-name prescription products. Savings are available on generic drugs, too.
- SCMS offers prescription programs:
  - SCMSrx — available to patients who are eligible for federal or state assistance programs and who pay $40 per prescription per month.
  - SCMSrx+ — available to patients who have Medicare, but who are not yet eligible for Part D:
  - Cancer patients:
    - $0 for a 30-day supply; or 40% off any remaining cost
  - HIV/AIDS patients:
    - $0 for a 30-day supply; or 40% off any remaining cost
  - SCMSrx can help pay for prescription medications for patients with a low income or who are eligible for Medicare.

Retail Giants Offer Savings at Local Pharmacies

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Central Illinois Hematology Oncology Center (CIHOC)

Specializing in Medical Oncology & Hematology

Victor J. Lanzotti, M.D. Leonard Giannone, M.D. Edem Agamah, M.D. Frances M. Matthews, M.D. Amit K. Gupta, M.D.

Appointments by referral (217) 520-2000

Your Donations Save Lives of Patients in Area Hospitals

To schedule an appointment to donate or to sponsor a blood drive at your workplace, call 753-1530 or visit www.CIBHC.org

Dunne Center at 1124 S. Seventh Street at Springfield. Mobile blood drives throughout the area.

A message from the Sangamon County Medical Society

The Sangamon County Medical Society is pleased to partner with the State Journal-Register to offer our first in a series of Medical News Reports. These reports will feature local physicians and healthcare professionals, and provide patients with information on the latest treatments and procedures. We encourage you to check back for future issues.

The Sangamon County Medical Society is a service of the U.S. National Library of Medicine and the National Institutes of Health, and is funded by the Agency for Healthcare Research and Quality (AHRQ). The reports are designed to provide patients with information about new treatments and procedures, and to help them make informed decisions about their healthcare. The reports are free. Call the pharmacy to see if you are eligible.

These retail pharmacies offer prescriptions for as low as $4.00 per prescription, and sometimes lower. Call the pharmacy to learn more.

Sorry to be out of stock.

[Health insurance options]

- $30,000 for a single person
- $40,000 for a family of two
- $50,000 for a family of three
- $60,000 for a family of four
- $70,000 for a family of five

[Primary care physician]

Access™ card:

Drug coverage are now saving on medicines they need through this program. Most cardholders save 25%–40% on over 300 brand-name prescription products. Savings are available on generic drugs, too.

[Medicare]

Medicare:

- $0 for a 30-day supply; or 40% off any remaining cost

[Cancer patients]

- $0 for a 30-day supply; or 40% off any remaining cost

HIV/AIDS patients:

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SCMSrx can help pay for prescription medications for patients with a low income or who are eligible for Medicare.

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SKILL. COMPASSION. COMMITMENT.

As affiliates of Memorial Health System, our clinics serve the healthcare needs of nearly 250,000 patients every year. We proudly work toward fulfilling our mission of helping to maintain, restore and improve the health of the people and communities we serve. And we do so with experienced, knowledgeable and satisfied employees, physicians, nurse practitioners and physician assistants—all of whom are dedicated to providing high-quality, patient-centered care. We are proud to have the opportunity to serve the healthcare needs of our patients in Central Illinois. CHOOSE MEMORIAL.

HEALTHCARE NETWORK ASSOCIATES
MEMORIAL PHYSICIAN NETWORK
A Memorial Health System Affiliate

www.memorialind.com

Springfield Clinic, LLP
Welcomes New Physicians in 2007

Comin g
November
2007

Springfield Clinic, LLP Welcomes New Nurse Practitioners and Physician Assistants in 2007

To schedule an appointment call 217-528-7641 or toll free 800-444-7641
www.springfieldclinic.com
We travel 125,000 miles a year, and never leave the state.

With full-time offices throughout the state and 45 board-certified cardiovascular doctors serving patients in 35 outreach clinic hospitals, we know what it means to “go the distance” in delivering quality heart care.

---

The Importance of a Patient-Centered Medical Home

A “medical home”, an evolving, defined ongoing relationship between a patient and their primary care physician, ensures patients receive care in a coordinated, comprehensive manner. The American Academy of Pediatrics (AAP) and the American Academy of Family Physicians (AAFP) have long advocated this model of care, which ties into the broader principles of Patient-Centered Medical Home.

The idea of a “medical home” originated by the American Academy of Pediatrics in the 1960s, has become more and more accepted as the most common sense approach to improving health outcomes, resolving access to care issues, reducing readmissions and healthcare costs.

With an emphasis on wellness promotion, this model for delivery of healthcare is based on disease prevention rather than treatment of disease. A focus to reduce the cost and time required to provide care and improve patient health outcomes.

Earlier this year four national medical societies – American Academy of Family Physicians, American Academy of Pediatrics, American College of Physicians, and American Osteopathic Association – issued the Principles of Patient-Centered Medical Home.

---

Patients and doctors can partner together to achieve improvements in a health care delivery system that can be a healthier, more cost-effective one. Equally important to our local medical community in the present healthcare environment is the need for providers to work with community organizations to improve the delivery of care to all patients.

---

**How to Choose a Physician**

Patients and doctors can partner together to achieve improvements in a health care delivery system that can be a healthier, more cost-effective one. Equally important to our local medical community in the present healthcare environment is the need for providers to work with community organizations to improve the delivery of care to all patients.
Stop Smoking ...  
Start Living

A new approach to help you stop smoking.

Stop Smoking ... Start Living is a four-week program that combines medication, therapy, and support to help you quit smoking.

For more Information, call 544-LIVE (5483)

Medical specialties – what you need to know

- **INTERNAL MEDICINE** 
  - Diagnosis and medical or surgical treatment of diseases of the blood and blood-forming organs.
  - Diagnosis and treatment of tumors & cancer.

- **HEMATOLOGY/Oncology** 
  - Branch of internal medicine that treats diseases of the blood and blood-forming organs, such as anemia, leukemia, and lymphoma.

- **CARDIOLOGY** 
  - Prevention, diagnosis and treatment of diseases of the heart, including heart attacks, angina, and heart failure.

- **CARDIAC SURGERY** 
  - Diagnosis and treatment of diseases of the heart, including bypass surgery and valve replacement.

- **NEUROLOGY** 
  - Diagnosis and treatment of diseases and disorders of the brain, spinal cord, nervous system, and peripheral nerves.
  - Evaluation of symptoms such as headaches, dizziness, and numbness.

- **ORTHOPEDICS** 
  - Medical and surgical treatment of diseases and injuries of the bones, joints, muscles, tendons, and nerves.
  - Sports medicine is a subspecialty.

- **OPHTHALMOLOGY** 
  - Medical and surgical treatment of diseases and disorders of the eye, including anatomy, physiology, and refractive errors of the eye.
  - Cataract and LASIK surgery.

- **PERIODONTICS** 
  - Treatment of diseases and disorders of the gum, bone, and supporting structures of the teeth.

- **PLASTIC SURGERY** 
  - Surgical reconstruction and contouring of the body, including correction of burns, skin wounds, lesions, and congenital defects, or for cosmetic purposes to improve appearance or function.

- **PHYSICAL MEDICINE & REHABILITATION** 
  - Management and treatment of pain and functional limitations, as well as prevention and rehabilitation of related problems of injury, disease, and surgery.
  - Pain management and treatment of chronic pain.

- **PSYCHIATRY** 
  - Treatment and management of emotional disorders and behavioral health conditions or disorders, such as depression, anxiety, phobias, and schizophrenia.

- **PSYCHOLOGY** 
  - Evaluation and treatment of mental health conditions and challenges, including anxiety, depression, and stress.

- **PSYCHIATRIC MEDICINE** 
  - Treatment of mental illnesses, such as schizophrenia, bipolar disorder, and mood disorders.

- **PULMONARY MEDICINE** 
  - Diagnosis and treatment of diseases and disorders of the lungs, including chronic obstructive pulmonary disease (COPD) and asthma.

- **REHABILITATION MEDICINE** 
  - Care for patients with disabilities or limitations in their ability to function due to injury, illness, or disease.
  - Treatment of pain and suppression of consciousness as well as monitor and support life functions during surgery. Anesthesiologists also provide diagnosis and treatment of chronic pain.

- **RADIOLOGY** 
  - Use of imaging techniques to visualize the anatomy of the body to aid in the diagnosis of disease and injury of patients.
  - Tomography (CT) scan, ultrasound, nuclear medicine, Magnetic Resonance Imaging (MRI), and image-guided interventional procedures.

- **RADIATION ONCOLOGY** 
  - Medical & procedural services for the management of cardiac arrhythmias (disruptions of the heart rhythm). These procedures are performed in the electrophysiology lab, cath lab, and cardiac cath lab. They can be performed at regional hospitals, and in specialized settings, including emergency and operating rooms, intensive care units, and sophisticated clinics or laboratories.

- **SURGERY** 
  - Diagnosis and treatment of illness and injury related to the workplace.
  - Surgical treatment of diseases of the upper and lower airways, including bronchial and tracheal stenosis and other diseases.

- **UROLOGY** 
  - Prevention, diagnosis and treatment of diseases of the urinary tract, including bladder and prostate cancer.

- **UROLOGIC SURGERY** 
  - Treatment of diseases and disorders of the prostate, bladder, urethra, kidneys, and ureters.

- **VERTEBRAL MANIPULATION** 
  - Non-surgical medical management of musculoskeletal conditions using musculoskeletal manipulations to treat a wide range of problems, and receive the same medical license as physicians.

- **VOLUNTEER SERVICES** 
  - Services provided to the public for free or at a reduced cost.

- **WOUND CARE** 
  - Healing of wounds that don't heal normally, including wounds from burns, skin wounds, and chronic wounds.

- **PHARMACY** 
  - Dispensing of prescription medications, including controlled substances.

- **PATHOLOGY** 
  - Laboratory study of body tissue, organs and fluids to aid in the diagnosis of diseases.

- **PHYSICAL THERAPY** 
  - Treatment of physical injuries, disabilities, and health conditions, such as arthritis and stroke.

- **RADIATION THERAPY** 
  - Radiation therapy for cancer and other diseases.

- **RESPIRATORY THERAPY** 
  - Care for patients with respiratory disorders, such as asthma and chronic obstructive pulmonary disease (COPD).

- **SLEEP MEDICINE** 
  - Diagnosis and treatment of sleep disorders, such as sleep apnea and restless leg syndrome.

- **STAFF DEVELOPMENT & EDUCATION** 
  - Education and training for staff members.

- **SPECIALTY MEDICINE** 
  - Care for patients with diseases or conditions that require specialized treatment.

- **SURGICAL DENTISTRY** 
  - Surgery of the mouth, jaw, and teeth.

- **TRAVEL IMMUNIZATIONS** 
  - Administration of vaccines to prevent diseases that are spread by travel.
Supporting the family of medicine

A message from the Sangamon County Medical Society Alliance

It is a great honor and privilege to serve as the President of the Sangamon County Medical Society Alliance this year. We stand ready to partner with you to ensure good health for all of our citizens. We will acquire the capacity with our health care projects and acquire the families of medicine.

We are determined to ensure that our continuing health project this year is to make a positive difference in the community in the area of health care. We will continue to support the Sangamon County Medical Society Alliance, not just thousands of families, but also our county. We can achieve our goals by working together as a family.

What are your hobbies? What makes your life better? When did you first notice it? Has anything like this ever happened before?

What are your allergies? What happened when you were exposed? Did you have any skin irritation or rash? Did you experience any difficulty breathing?

Are you allergic to anything? What happened when you were exposed? Did you experience any difficulty breathing?

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Providing exceptional care for
Allergy, Asthma &
Immunology Disorders

John Alexander, MD, PC

Dr. Alexander and Lehman are accepting adult
and pediatric patients needing specialized medical care
to address issues of the immune system.

To schedule an appointment, call
(217) 545-6099.

NEW PATIENTS WELCOME
FREE CONSULTATION

FULL MOUTH X-RAY, CLEANING & DENTAL EXAM IN THE ABSENCE OF PERIODONTAL DISEASE

NEW PATIENT OFFER

$65.00

Parashar Nanavati, MD
Memorial Medical Center
(217) 788-3260

Gregory Akers, MD
Pathology Associates of Central IL
(217) 788-3060

Nassim Banisaeed, MD
Pathology Associates of Central IL
(217) 788-3060

Elizabeth Peralta, MD
SIU Physicians & Surgeons
(217) 545-2677

Donald Ross, MD
Springfield Clinic
(217) 528-7541

Robert Gordon, Jr., MD
Springfield Clinic
(217) 479-9071

A Look inside the Sangamon County Medical Society

Established in 1899, our mission is
access to care for the
whole community.

Our office does not have physicians in our office to see patients.

We can search our current database of physicians who accept new patients and participate in the following programs:
- Medicare
- Medicaid
- Children’s Health Insurance Program
- Illinois State Children’s Health Insurance Program
- Illinois State Fair Care for Children
- Illinois TakeCare
- Illinois Prescription Assistance Program
- Illinois Senior Services Network

We have no medications nor have anyone who can prescribe medications in our office.

We also provide information about local health care resources and programs, including specific services for children and seniors.

If you have questions about medication assistance programs or need to check the “Frequently Called Numbers” section that you can pull out for future reference. Or visit our Web site, www.scmsdocs.org.

About Sangamon County Medical Society

Sangamon County Medical Society (SCMS) is the professional association of nearly 500 physicians, surgeon, and dentist who serve the residents of Sangamon County, Illinois. SCMS is the American Medical Association (AMA) affiliate for Sangamon County, Illinois. Established in 1899, our mission is access to care for the whole community.

We provide referrals to our member physicians only, and inform patients whether or not the physician is a member of SCMS.

We provide factual and objective information, and do not “rate” or recommend physicians.

We can search our current database of physicians who accept new patients and participate in the following programs:
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Here are some of the initiatives we support:

- Healthcare for the Homeless through Capitol Community Care and the Sangamon County Health Department
- Healthcare for the Indigent through Kumler Neighborhood Ministries
- Dental Care for Uninsured Children and Adults through CCHC

We have partnered with several local organizations to provide care for the underserved.

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**FREQUENTLY CALLED NUMBERS**

**Mental Health & Developmental Services**
- NNNEELL **\&** DDDEEPPEENNTTSS // VVEETTEERRAANNSS
  - The Care Center, 314 N 5th (pregnancy), 525-5630
  - Help Me Grow Hotline, 1-800-323-4769
  - Abundant Faith Supportive Svcs. (women & children), 527-1006
  - American Red Cross Illinois Capital Area Chapter, 522-3357

**Medical Care Services**
- MEDICCAALL **CCEARREE** **SSEERRVVIICCEESS**
  - Freedom From Smoking Clinic - 8 sessions - free, 1-800-234-0420
  - The Children's Center, 901 N 1st, 757-7700
  - Springfield Center for Independent Living, 523-2587
  - St. John's Home Health… 525-5641

**Legal Assistance**
- LEGGAALL **AASSSSIISSTTAANNCCEE**
  - Zion Baptist Food Pantry, 1601 E Laurel, 528-6113
  - Help Me Grow, 1-800-323-4769
  - Center for Economic Progress, 312-252-0280
  - Sangamon County Community Resources, 535-3120

**Medical Records Information**
- Manna Store House, 2525 Taylor (Abundant Faith), 585-4000

**Utilities Assistance**
- UTILIITTIIEESS **AASSSSIISSTTAANNCCEE**
  - STD Testing (health and life skills), 522-3922
  - 101
  - I-LINK Food Stamps Program (DHS), 1-800-252-8635

**Community, Residential Services Authority**
- Community & Residential Services Authority, 782-2438

**Medical Transportation**
- Medical Transportation (with 48 hour notice), 785-7921

**Schools**
- HISSTOORRIY** \&** SNNAAGGEEE
  - Sangamon County Department of Public Health, 535-3120
  - Sangamon County Community Resources, 535-3120

**Community Technology Centers**
- Community Technology Centers, 525-1064

**Mental Health Services**
- MENTTAALL **HHEEAALLTTHH**
  - Central Illinois HIV Care Consortium, 545-7683
  - Freedom From Smoking Clinic - 8 sessions - free, 1-800-234-0420
  - Mental Health Center of Central IL, 525-1064
  - The Children's Center, 757-7700

**Attorney Services**
- ATTORRENNIIYEES **AASSSSIISSTTAANNCCEE**
  - Keep Kids Safe, 528-0461

**Health Care Services**
- HHHOOUTTTAAANNSS **AANNDD** SSHEELLTTEERRRS
  - Sangamon County Department of Public Health, 535-3120
  - Sangamon County Social Services, 535-3120

**Housing & Shelter Services**
- HOOUUSSIINNGG **AANNDD** SSHEELLTTEERRRS
  - Children's Home, 523-2269

**Food Assistance**
- FOOD ASSISTANCE
  - Food Pantries
  - Food Baskets
  - Meals on Wheels

**Educa
tional Services**
- EDUCATIONAL SERVICES
  - Sangamon County Department of Public Health, 535-3120

**Employment Training & Placement**
- EMPLOYMMEENNT **TTRRAAIINNIINNGG** \&\ PPLLAAC

**Employment Information**
- EEMPLOYMENT INFOMMMAATTIIOON

**Personal Assistance**
- PERSONAL ASSISTANCE

**Meadow Manor/Meadow Manor West, 824-2277
  - Menard Convalescent Center, 632-2249
  - St. John's Social Work Service, 525-5648

**Children's Services**
- CHILDREN'S SERVICES
  - The Parent Place, 546-5257

**Transportation**
- TRANSPORTATION
  - AirLifeLine (Children w. med need), 528-8258
  - AirLifeLine (Children w. med need, 866-436-7077

**Other Organizations**
- OTHER ORGANIZATIONS

**Referral/Info on Adoption, Women's Health Care, Lead Screening, Dental**
- Sojourn Shelter and Services, 726-5200

**NURSES**
- NURSES

**St. Elizabeth Regional Medical Center**
- St. Elizabeth Regional Medical Center, 529-8300

**WIC**
- WIC

**Local Area Transportation**
- Local Area Transportation

**National Health Information Center**
- National Health Information Center, 1-800-336-4797

**Illinois State Journal/Register**
- Illinois State Journal/Register

**State Journal-Register**
- State Journal-Register

**The State Journal-Register**
- The State Journal-Register